

Supplementary material

Anthropogenic fire, vegetation structure and ethnobotanical uses in an alpine shrubland of Nepal's Himalaya

Asha Paudel^{A,B,F}, Scott H. Markwith^B, Katie Konchar^C, Mani Shrestha^{D,E} and Suresh K. Ghimire^{A,F}

^ACentral Department of Botany, Tribhuvan University, Kathmandu, 44618, Nepal.

^BDepartment of Geosciences, Florida Atlantic University, 777 Glades Road, Boca Raton, FL, 33431, USA.

^C1334 Jackson Street, Tallahassee, FL, 32301, USA.

^DSchool of Media and Communication, RMIT University, Melbourne, Vic. 3001, Australia.

^EFaculty of Information Technology, Monash University, Melbourne, Vic. 3800, Australia.

^FCorresponding authors. Email: apaudel2017@fau.edu, sk.ghimire@cdbtu.edu.np

Table S1: List of species recorded from burned and unburned habitat patches in Lauribina Hill, Langtang National Park, Nepal, their elevation range, palatability, ethnobotanical use and chorotype.

Scientific name and family	Habitat ¹	Elevation range ²	Palatability for herbivores ³	Major ethnobotanical use ⁴	Chorotype ⁵
<i>Agrostis pilosula</i> Trin. (Poaceae)	BR+UB	2000-4600	P	-	IN
<i>Aletris pauciflora</i> (Klotzsch) Hand.-Mazz. (Nartheciaceae)	BR+UB	2500-4900	D	Medicine: aerial parts in lung and liver disorders [2,3].	PH
<i>Anaphalis nepalensis</i> var. <i>monocephala</i> (DC.) Hand.-Mazz. (Asteraceae)	BR+UB	4100-5500	N	Medicine: aerial parts in fever, indigestion, inner bleeding and swellings [4]. Other: dried plant used as fire catcher [1].	PH
<i>Anemone demissa</i> Hook.f. & Thomson (Ranunculaceae)	UB	2700-5000	N	Medicine: whole plant applied to blisters and wart [2].	PH
<i>Anemone rupestris</i> Wall. ex Hook.f. & Thomson (Ranunculaceae)	BR+UB	3500-5000	P	-	PH
<i>Anemone smithiana</i> Lauener & Panigrahi (Ranunculaceae)	BR+UB	3000-4500	-	-	PH
<i>Arenaria bryophylla</i> Fernald (Caryophyllaceae)	BR	4200-5900	N	Medicine: whole plant to control inflammation/pain of kidney and burning sensation of bladder/urine tract [5].	PH
<i>Athyrium wallichianum</i> Ching (Athyriaceae)	BR+UB	3500-4800	U	Food: young fronds are boiled and cooked as vegetable [1]. Medicine: fronds and rhizomes in swellings and uterine bleeding [4].	PH
<i>Astragalus donianus</i> DC. (Fabaceae)	BR	2900-4500	P	Medicine: plant in lung disease and menstrual disorder [4].	HE

Scientific name and family	Habitat ¹	Elevation range ²	Palatability for herbivores ³	Major ethnobotanical use ⁴	Chorotype ⁵
<i>Bistorta macrophylla</i> (D. Don) Soják (Polygonaceae)	BR+UB	2700-5000	U	Medicine: roots and seeds in diarrhea [1,3,4].	PH
<i>Bistorta vacciniifolia</i> (Wall. ex Meisn.) Greene	BR+UB	3000-4500	U	Medicine: roots in fever [3].	HE
<i>Boschniakia himalaica</i> Hook.f. & Thomson (Orobanchaceae)	BR+UB	2900-4400	N	Medicine: stem base in indigestion and constipation [3,4]; root paste in cuts and wounds [6].	EA
<i>Caltha palustris</i> var. <i>himalaica</i> Tamura (Ranunculaceae)	BR+UB	2000-4200	U	Medicine: whole plant in coughs and urinary disorders [4].	HE
<i>Cassiope fastigiata</i> (Wall.) D. Don (Ericaceae)	BR+UB	2800-5000	U	Medicine: whole plant in cough, indigestion, arthritis and urinary disorders [4,7]. Religious: dried aerial parts mixed with leaves of <i>Rhododendron anthopogon</i> is burnt as incense [1,4,7].	HE
<i>Chesneya nubigena</i> (D. Don) Ali (Fabaceae)	BR+UB	3600-5300	U	Food: seeds eaten fresh [3].	PH
<i>Corydalis juncea</i> Wall. (Papaveraceae)	BR+UB	2500-4400	U	-	HE
<i>Cremanthodium reniforme</i> (DC.) Benth. (Asteraceae)	BR+UB	3000-4600	U	-	PH
<i>Delphinium himalayae</i> Munz (Ranunculaceae)	BR+UB	3000-4500	T	Medicine: root tubers in cough, fever, liver and 'bile' disorders and wounds [4,6,7]. The plant is poisonous.	NE
<i>Epilobium wallichianum</i> Hausskn. (Onagraceae)	BR	1700-4100	U	Medicine: whole plant in lung problems, cough, mouth sores and as cooling agent [4].	PH
<i>Eritrichium</i> sp. (Boraginaceae)	UB		N	-	-
<i>Euphorbia stracheyi</i> Boiss. (Euphorbiaceae)	BR+UB	2000-5000	U	Medicine: roots in diarrhea and other gastro-intestinal ailments [3,4,7].	PH
<i>Gentiana depressa</i> D. Don (Gentianaceae)	BR	2900-4500	U	Medicine: plant juice in cough and cold [3].	HE

Scientific name and family	Habitat ¹	Elevation range ²	Palatability for herbivores ³	Major ethnobotanical use ⁴	Chorotype ⁵
<i>Gentiana ornata</i> (D. Don) Wall. ex Griseb. (Gentianaceae)	BR+UB	3300-5500	U	-	HE
<i>Geranium donianum</i> Sweet (Geraniaceae)	UB	3200-4800	U	Medicine: roots in fever, bile disorders, cough, intestinal disorders, joint pain and headache [2,4,8,9].	PH
<i>Geum elatum</i> Wall. ex Hook.f. (Rosaceae)	BR+UB	2900-4500	P	Medicine: roots, shoots and leaves in stomach disorders, dysentery, diarrhea, wounds, and nervous system disorders [2,3,4].	PH
<i>Heracleum nepalense</i> D. Don (Apiaceae)	BR	1800-4000	P	Medicine: seeds as appetite stimulant, and in cough, body pain, diarrhea, dysentery, headache and faint; roots in swellings and diarrhea. Food/fodder: fruits and seeds as spice, and whole plant as winter fodder [1,2,3,4,7,10].	PH
<i>Juncus thomsonii</i> Buchenau (Juncaceae)	BR	2700-5200	U	-	CA
<i>Kobresia nepalensis</i> (Nees) Kük. (Cyperaceae)	BR+UB	2900-5700	P	-	PH
<i>Kobresia pygmaea</i> (C.B. Clarke) C.B. Clarke (Cyperaceae)	BR+UB	3100-5600	P	-	EA
<i>Kobresia</i> sp. (Cyperaceae)	BR+UB		P	-	-
<i>Ligusticum</i> sp. (Apiaceae)	BR+UB		-	-	-
<i>Lloydia flavonutans</i> H. Hara (Liliaceae)	BR+UB	3800-5000	U	-	HE
<i>Lloydia serotina</i> (L.) Rchb. (Liliaceae)	BR	3500-5000	P	Medicine: whole plant to treat eye diseases, liver and gall bladder problems, internal injuries of the chest region [2].	HO
<i>Maianthemum purpureum</i> (Wall.) LaFrankie (Asparagaceae)	BR	2600-4200	P	Medicine: rhizomes as tonic [4]. Food: young leaves and tender shoots cooked as vegetable [1,4].	PH

Scientific name and family	Habitat ¹	Elevation range ²	Palatability for herbivores ³	Major ethnobotanical use ⁴	Chorotype ⁵
<i>Nardostachys jatamansi</i> (D. Don) DC. (Caprifoliaceae)	BR	3200-5000	N	Medicine: rhizomes in wounds, cough and cold, fever, spleen disease, intestinal parasites, eye disease, nervous system disorders and stomach disorders [1,4,8]. Religious: rhizomes burnt as incense [1,4,8].	PH
<i>Neopicrorhiza scrophulariiflora</i> (Pennell) D.Y. Hong (Plantaginaceae)	BR+UB	3500-4800	N	Medicine: rhizome in headache, heart diseases, blood poisoning, fever, cold and cough, sore throat, jaundice, and liver and blood disorders [1,2,4,8,10].	PH
<i>Oxygraphis polypetala</i> (Raf.) Hook.f. & Thomson (Ranunculaceae)	BR+UB	2200-5000	P	-	HE
<i>Pedicularis elwesii</i> Hook. f. (Orobanchaceae)	BR	3200-4800	U	-	PH
<i>Pedicularis rhinanthoides</i> Schrenk (Orobanchaceae)	BR+UB	3000-4900	U	-	EA
<i>Pleurospermum apiolens</i> C.B. Clarke (Apiaceae)	BR+UB	3600-4700	N	-	HE
<i>Poa</i> sp. (Poaceae)	BR		P	-	-
<i>Ponerorchis chusua</i> (D. Don) Soó (Orchidaceae)	BR+UB	2400-4900	P	Medicine: tubers in diarrhea, dysentery, fevers, cuts and wounds, and as tonic [1,2,4].	EA
<i>Potentilla coriandrifolia</i> G. Don (Rosaceae)	BR+UB	3900-5600	U	-	PH
<i>Potentilla fruticosa</i> var. <i>arbuscula</i> (D. Don) Maxim. (Rosaceae)	BR+UB	2600-4600	N	Medicine: whole plant in indigestion, stomach trouble and lung disorders [2,4]. Religious: leaves burnt as incense [4].	PH
<i>Potentilla peduncularis</i> D. Don (Rosaceae)	BR+UB	3000-4800	N	Medicine: roots in dysentery and profuse menstruation [2,3].	PH
<i>Primula obliqua</i> W.W. Sm. (Primulaceae)	BR+UB	3500-4600	N	-	HE
<i>Primula primulina</i> (Spreng.) H. Hara (Primulaceae)	BR+UB	3400-5000	U	-	HE

Scientific name and family	Habitat ¹	Elevation range ²	Palatability for herbivores ³	Major ethnobotanical use ⁴	Chorotype ⁵
<i>Primula sikkimensis</i> Hook. (Primulaceae)	BR+UB	2900-4800	N	Medicine: flowers in fever, intestinal problem and diarrhea [4,8].	PH
<i>Primula stuartii</i> Wall. (Primulaceae)	BR+UB	3500-4600	N	-	HE
<i>Rheum acuminatum</i> Hook. f. & Thomson (Polygonaceae)	BR	3300-4200	U	Medicine: rootstock, leaves and young parts to treat body pain [1,2,10]. Food: petioles are pickled [1].	PH
<i>Rhodiola bupleuroides</i> (Wall. ex Hook. f. & Thomson) S.H. Fu (Crassulaceae)	BR+UB	2000-5700	N	Medicine: rhizomes in fever [1,4].	PH
<i>Rhodiola himalensis</i> (D. Don) S.H. Fu (Crassulaceae)	BR+UB	3700-4600	N	Medicine: rhizomes in urinary and lung disorders, cough and cold, poisoning, arthritis and fever [1,2,4,8].	PH
<i>Rhododendron anthopogon</i> D. Don (Ericaceae)	BR+UB	3300–5100	N	Medicine: leaves and flowers in stomach, liver and lung disorders, cough, sore throat, gastritis, indigestion and skin diseases [1,2,3,4,8]. Religious: leaves and flowers are burnt as incense [1,4,8].	HE
<i>Rhododendron campanulatum</i> D. Don (Ericaceae)	BR+UB	2800-4400	N	Medicine: leaves and flowers in cold, cough, fever, skin diseases [2,4,7]. Other: fuel wood [1].	HE
<i>Rhododendron lepidotum</i> Wall. ex G. Don (Ericaceae)	BR+UB	2100-4700	N	Medicine: leaves and flowers in back pain and cold, bile, lung and blood disorders [2,3,4,8]. Religious: leaves are burnt as incense [1,4].	PH
<i>Rhododendron setosum</i> D. Don (Ericaceae)	BR+UB	3700-5600	N	Food: dried petals as a substitute of tea [1,3]. Religious: leaves are burnt as incense [1,4].	HE
<i>Roscoeia alpina</i> Royle (Zingiberaceae)	UB	2400-3600	U	Medicine: rhizomes in cuts and wounds [4]; flowers in urinary disorders and tuberculosis [2].	HE
<i>Rubus nepalensis</i> (Hook. f.) Kuntze (Rosaceae)	BR	1800-3500	P	Food: ripe fruits edible [1,3].	HE

Scientific name and family	Habitat ¹	Elevation range ²	Palatability for herbivores ³	Major ethnobotanical use ⁴	Chorotype ⁵
<i>Salix calyculata</i> Hook. f. ex Andersson (Salicaceae)	BR+UB	3600-4500	N	Medicine: barks and flowers in skin diseases, menstrual disorder and joint pain [4]; leaves and bark in fever [4].	HE
<i>Salix lindleyana</i> Wall. ex Andersson (Salicaceae)	BR+UB	3400-5000	U	Medicine: whole plant in bleeding [4]; leaves decoction in fever [2].	PH
<i>Saussurea eriostemon</i> Wall. ex C.B. Clarke (Asteraceae)	BR+UB	32000-4900	U	Medicine: whole plant in heart diseases and gynecological disorders [4].	HE
<i>Saxifraga brachypoda</i> D. Don (Saxifragaceae)	BR+UB	3300-5000	U	-	PH
<i>Saxifraga parnassifolia</i> D. Don (Saxifragaceae)	BR+UB	1900-4900	U	Medicine: leaves and flowers in bile disorders, fever and indigestion [4].	HE
<i>Sibbaldia cuneata</i> Schouw ex Kunze (Rosaceae)	BR+UB	3400-4500	U	-	CA
<i>Sorbus microphylla</i> (Wall. ex Hook.f.) Wenz. (Rosaceae)	UB	3000-4500	P	Fodder/fuel: important fodder and fuel wood species at high altitude [1,3].	PH
<i>Thalictrum alpinum</i> L. (Ranunculaceae)	BR+UB	2800--5300	U	Medicine: root decoction as tonic, purgative, diuretic, stimulant, used for dyspepsia and convalescence [2].	HO
<i>Thalictrum cultratum</i> Wall. (Ranunculaceae)	UB	2400-4200	U	Medicine: leaves, flowers and roots in fever, diarrhea and skin diseases [2].	PH
<i>Viola biflora</i> L. (Violaceae)	UB	2100-4500	U	Medicine: whole plant in cough, wounds, dysentery, bronchitis, fractured bones and bile disorders [2,4,8].	HO
<i>Poa</i> sp. (Poaceae)	BR	-	P	-	

¹Habitat: BR - burned; UB – unburned.

²Elevation range of the species follows Press *et al.* (2000) and Zheng-yi and Raven (1994-2013).

³Palatability: P - preferred, D - desirable, U - consumed but undesirable, N - not consumable, T – toxic (palatability for each species presented here is based on the interviews with herders and local people).

⁴Major ethnobotanical uses: the use presented in the table are based on [1] present study through interviews with herders and local people; [2] Quattrocchi (2012); [3] Manandhar (2002); [4] Ghimire *et al.* (2001); [5] Chandra and Rawat (2015); [6] Prasai (2007); [7] Ghimire *et al.* (2008); [8] Lama *et al.* (2001); [9] Pandey (2006); and [10] Ghimire and Nepal (2007).

⁵Chorotype: CA - Central Asiatic, EA - Eastern Asiatic, HE - Himalayan endemic, HO - Holarctic, IN - Indian, NE - Nepal endemic, PH - Pan-Himalayan. Chorotype determination is based on species geographical distribution as detailed in Press *et al.* (2000) and Wu *et al.* (1994).

Table S2: Supporting references

- Chandra S. and Rawat D.S. (2015) Medicinal plants of the family Caryophyllaceae: a review of ethno-medicinal uses and pharmacological properties. *Integrative Medicine Research*, 4: 123–131.
- Ghimire S.K. and Nepal B.K. (2007) *Developing a Community-Based Monitoring System and Sustainable Harvesting Guidelines for Non-Timber Forest Products (NTFP) in Kangchenjunga Conservation Area (KCA), East Nepal*. First Phase. Unpublished Report. WWF Nepal Program, Kathmandu, Nepal.
- Ghimire S.K., Lama Y.C., Tripathi G.R., Schmitt S. and Thomas Y.A. (2001) *Conservation of Plant Resources, Community Development and Training in Applied Ethnobotany at Shey-Phoksundo National Park and its Buffer Zone, Dolpa*. Report Series No. 41. WWF Nepal, Kathmandu, Nepal.
- Ghimire S.K., Sapkota I.B., Oli B.R., and Parajuli R.R. (2008) *Non-Timber Forest Products of Nepal Himalaya: Database of Some Important Species Found in the Mountain Protected Areas and Surrounding Regions*. WWF Nepal, Kathmandu, Nepal.
- Lama Y.C., Ghimire S.K. and Aumeeruddy-Thomas Y. (2001) *Medicinal Plants of Dolpo: Amchi's Knowledge and Conservation*. WWF Nepal Program and People and Plants Initiative, Kathmandu Nepal.
- Manandhar N.P. (2002) *Plants and People of Nepal*. Timber Press, Oregon, USA.
- Pandey M.R. (2006) Use of medicinal plants in traditional Tibetan therapy system in upper Mustang, Nepal. *Our Nature*, 4:69-82.
- Prasai D. (2007) Ethnomedicinal Knowledge of Tamang Communities in Rasuwa District, Nepal. M.Sc. Thesis. Central Department of Botany, Tribhuvan University, Kirtipur, Kathmandu, Nepal.
- Press J.R., Shrestha K.K. and Sutton D.A. (2000) *Annotated Checklist of the Flowering Plants of Nepal*. The Natural History Museum, London.
- Quattrocchi U. (2012) *CRC World Dictionary of Medicinal and Poisonous Plants: Common Names, Scientific Names, Eponyms, Synonyms, and Etymology*. CRC Press, Taylor & Francis Group, LLC.
- Wu ZY, Raven PH, Hong DY (1994) 'Flora of China'. (Science Press: Beijing, China, and Missouri Botanical Garden Press: St Louis, MO, USA). Available online at efloras.org [Verified 16 January 2020]